



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Basic Workplace Health and Safety Principles

Health Sciences and Social Services / Preventive Health

Unit Standard 259639 · NQF Level 2 · 4 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with foundational knowledge of health and safety principles applicable to any workplace. It covers legal requirements, hazard identification, risk assessment, and emergency procedures to promote a safe working environment. By the end, participants will be able to contribute effectively to workplace safety compliance and incident prevention.

Category	Health Sciences and Social Services
Subfield	Preventive Health
Unit Standard	259639
Accreditation	SAQA Accredited · NQF Level 2 · 4 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Explain the legal and regulatory framework for workplace health and safety in South Africa.
- Identify common workplace hazards and assess associated risks.
- Apply basic principles of hazard control and risk management.
- Demonstrate correct procedures for reporting incidents and emergencies.
- Implement housekeeping and personal protective equipment (PPE) requirements.
- Evaluate the roles and responsibilities of employers and employees in maintaining a safe workplace.

WHO SHOULD ATTEND

- This course is designed for all employees, supervisors, and new entrants to the workplace who require a basic understanding of health and safety principles.
- It is particularly relevant for those in industries such as manufacturing, construction, hospitality, and office environments.

COURSE OUTLINE

Day 1: Introduction to Workplace Health and Safety

- Overview of occupational health and safety (OHS) Act
- Employer and employee responsibilities
- Hazard identification: physical, chemical, biological, ergonomic
- Risk assessment process: identify, assess, control
- Personal protective equipment (PPE) selection and use
- Emergency preparedness: fire, evacuation, first aid
- Incident reporting and investigation basics

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **4 NQF credits** at **NQF Level 2**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 9,400.00	R 9,400.00
1	In-House	R 12,200.00	R 12,200.00
1	On-Campus (Pretoria)	R 14,100.00	R 14,100.00

UPCOMING SESSIONS

Start	End	Method	Venue
21 Aug 2026	21 Aug 2026	On-Campus	Abu Dhabi, UAE
24 Aug 2026	24 Aug 2026	On-Campus	Shenzhen, China
25 Aug 2026	25 Aug 2026	On-Campus	Harare, Zimbabwe
26 Aug 2026	26 Aug 2026	On-Campus	Bangkok, Thailand
27 Aug 2026	27 Aug 2026	On-Campus	Victoria Falls, Zimbabwe
27 Aug 2026	27 Aug 2026	On-Campus	Abu Dhabi, UAE
28 Aug 2026	28 Aug 2026	On-Campus	Durban, South Africa
31 Aug 2026	31 Aug 2026	On-Campus	Harare, Zimbabwe

Contact us if no suitable date is listed — on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 259639) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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