



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Assist Clients with Breathing Problems

Health Sciences and Social Services / Preventive Health

Unit Standard 260600 · NQF Level 3 · 3 Credits · 1 Day

COURSE OVERVIEW

This course equips learners with the knowledge and skills to assist and support clients experiencing breathing problems in a healthcare or community setting. Participants will learn to recognise signs of respiratory distress, provide appropriate first aid, and refer clients to relevant health professionals.

Category	Health Sciences and Social Services
Subfield	Preventive Health
Unit Standard	260600
Accreditation	SAQA Accredited · NQF Level 3 · 3 Credits
Duration	1 day
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Demonstrate an understanding of the anatomy and physiology of the respiratory system and common breathing problems.
- Apply appropriate techniques to assess a client's breathing status, including observation, listening, and using basic equipment.
- Implement emergency procedures for clients with breathing problems, including positioning, oxygen administration, and referral.
- Evaluate the effectiveness of interventions and adjust support according to the client's response.
- Communicate effectively with clients, families, and healthcare team members regarding breathing problems and care plans.

WHO SHOULD ATTEND

- This course is designed for healthcare support workers, community health workers, and caregivers who may need to assist clients with breathing difficulties in home, clinic, or residential care environments.

COURSE OUTLINE

Day 1: Understanding and Assisting Clients with Breathing Problems

- Anatomy and physiology of the respiratory system.
- Common respiratory conditions: asthma, COPD, pneumonia, hyperventilation.
- Signs and symptoms of breathing difficulties.
- Emergency management: positioning, breathing techniques, oxygen therapy.
- Use of pulse oximetry and peak flow meters.
- Infection control and equipment maintenance.
- Documentation and reporting.
- Communication and client education.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **3 NQF credits** at **NQF Level 3**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 9,400.00	R 9,400.00
1	In-House	R 12,200.00	R 12,200.00
1	On-Campus (Pretoria)	R 14,100.00	R 14,100.00

UPCOMING SESSIONS

Start	End	Method	Venue
25 Aug 2026	25 Aug 2026	On-Campus	Victoria Falls, Zimbabwe
25 Aug 2026	25 Aug 2026	On-Campus	Shenzhen, China
26 Aug 2026	26 Aug 2026	On-Campus	Harare, Zimbabwe
26 Aug 2026	26 Aug 2026	On-Campus	Abu Dhabi, UAE
28 Aug 2026	28 Aug 2026	On-Campus	Bangkok, Thailand
28 Aug 2026	28 Aug 2026	On-Campus	Durban, South Africa
31 Aug 2026	31 Aug 2026	On-Campus	London, UK
31 Aug 2026	31 Aug 2026	On-Campus	Harare, Zimbabwe

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard 260600) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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