



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

IOSH Managing Safely

Custom Courses / Health, Safety and Environment (HSE)

Unit Standard AATICD-0053 · NQF Level 5 · 10 Credits · 5 Days

COURSE OVERVIEW

This course equips managers and supervisors with the knowledge and skills to effectively manage health and safety in the workplace. Participants will learn to identify hazards, assess risks, implement control measures, and understand their legal responsibilities under South African legislation. The course promotes a proactive safety culture and reduces workplace incidents.

Category	Custom Courses
Subfield	Health, Safety and Environment (HSE)
Unit Standard	AATICD-0053
Accreditation	SAQA Accredited · NQF Level 5 · 10 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply the principles of health and safety management to identify and control workplace hazards.
- Analyze risk assessment processes to evaluate and prioritize risks effectively.
- Evaluate the effectiveness of existing control measures and recommend improvements.
- Implement incident investigation techniques to determine root causes and prevent recurrence.
- Demonstrate understanding of legal and regulatory requirements for health and safety in South Africa.
- Design a safety management plan that promotes continuous improvement and worker participation.

WHO SHOULD ATTEND

- This course is designed for managers, supervisors, and team leaders who have responsibility for health and safety in their work areas.
- It is also suitable for safety representatives and anyone seeking to enhance their safety management capabilities.

COURSE OUTLINE

Day 1: Introduction to Managing Safely and Key Legislation

- Why manage safely? The moral, legal and financial case.
- Overview of the Occupational Health and Safety Act (OHSA) and relevant regulations.
- Key definitions: hazard, risk, incident, accident, near miss.
- The role of the safety management system.
- Manager and supervisor responsibilities.
- Introduction to IOSH Managing Safely structure and assessment.

Day 2: Hazard Identification and Risk Assessment

- Hazard identification techniques: inspections, task analysis, checklists.
- The risk assessment process: step-by-step.
- Risk rating: likelihood, severity, and risk level.
- Hierarchy of control measures.
- Practical exercise: conducting a simple risk assessment.
- Common hazards: physical, chemical, biological, ergonomic, psychosocial.

Day 3: Risk Control, Safe Systems of Work and Monitoring

- Applying the hierarchy of control: elimination, substitution, engineering, administrative, PPE.
- Safe systems of work and permits-to-work.
- Incident investigation basics: gathering facts, root cause analysis.
- Proactive monitoring: inspections, tours, audits.
- Reactive monitoring: incident data, near miss reporting.
- Performance measurement and review.

Day 4: Incident Investigation and Emergency Procedures

- Incident investigation process: securing the scene, gathering evidence, interviewing.
- Root cause analysis techniques (e.g., 5 Whys, fishbone).
- Reporting and recording incidents.
- Emergency procedures: fire, chemical spill, first aid.
- Emergency drills and communication.
- Case studies of workplace incidents.

Day 5: Performance Measurement, Review and Assessment

- Leading and lagging indicators.
- Safety culture and behaviour.
- Management review process.
- Continuous improvement: Plan-Do-Check-Act.
- Course review and question session.
- Written assessment and practical project submission.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **10 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 24,200.00	R 24,200.00
1	In-House	R 31,400.00	R 31,400.00
1	On-Campus (Pretoria)	R 36,200.00	R 36,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
10 Aug 2026	14 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Abu Dhabi, UAE
17 Aug 2026	21 Aug 2026	On-Campus	Harare, Zimbabwe
17 Aug 2026	21 Aug 2026	On-Campus	Shenzhen, China
24 Aug 2026	28 Aug 2026	On-Campus	Bangkok, Thailand
24 Aug 2026	28 Aug 2026	On-Campus	Victoria Falls, Zimbabwe
31 Aug 2026	04 Sep 2026	On-Campus	Lusaka, Zambia
31 Aug 2026	04 Sep 2026	On-Campus	London, UK

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

- 1. Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard AATICD-0053) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
- 2. Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
- 3. Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
- 4. Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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