



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Health, Safety and Environment Workshop

Custom Courses / Health, Safety and Environment (HSE)

Unit Standard AATICD-0055 · NQF Level 5 · 10 Credits · 5 Days

COURSE OVERVIEW

This workshop equips participants with the knowledge and skills to identify, assess, and control workplace health, safety, and environmental risks. It promotes a culture of safety and environmental responsibility in line with South African legislation and international best practice.

Category	Custom Courses
Subfield	Health, Safety and Environment (HSE)
Unit Standard	AATICD-0055
Accreditation	SAQA Accredited · NQF Level 5 · 10 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply the principles of health, safety, and environmental management in the workplace.
- Analyze workplace hazards and risks to determine appropriate control measures.
- Evaluate the effectiveness of existing health, safety, and environmental systems.
- Design a basic risk assessment and incident reporting procedure.
- Implement emergency response plans and safety communication strategies.
- Demonstrate compliance with relevant South African legislation and organizational policies.

WHO SHOULD ATTEND

- This course is designed for supervisors, team leaders, health and safety representatives, and any employees who wish to enhance their understanding of workplace health, safety, and environmental management.

COURSE OUTLINE

Day 1: Introduction to Health, Safety and Environment (HSE)

- Overview of HSE and its benefits
- South African HSE legislation (OHSA, NEMA, etc.)
- Duties of employers and employees
- HSE policy and organizational culture
- Introduction to hazard identification and risk assessment

Day 2: Hazard Identification and Risk Assessment

- Types of hazards (physical, chemical, biological, ergonomic, psychosocial)
- Hazard identification methods (checklists, inspections, job safety analysis)
- Risk assessment matrix and scoring
- Hierarchy of controls (elimination, substitution, engineering, administrative, PPE)
- Case studies on risk assessment failures

Day 3: Occupational Health and Safety Management Systems

- HSE management system models (Plan-Do-Check-Act)
- ISO 45001 (occupational health and safety) and ISO 14001 (environmental) standards
- Incident reporting, near misses, and accident investigation
- Emergency preparedness and response planning
- Communication and training for HSE

Day 4: Environmental Management and Sustainability

- Environmental aspects and impacts assessment
- Waste management hierarchy (reduce, reuse, recycle)
- Pollution prevention and control
- Water and energy conservation
- Environmental legislation in South Africa (NEMA, NWA, etc.)
- Introduction to environmental management systems

Day 5: HSE Culture, Communication, and Continuous Improvement

- Behavioral safety and safety culture
- HSE training and toolbox talks
- HSE performance indicators (lagging and leading)
- Auditing and inspection techniques
- Continuous improvement (PDCA, Kaizen)
- Developing a personal HSE action plan

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **10 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 17,700.00	R 17,700.00
1	In-House	R 23,100.00	R 23,100.00
1	On-Campus (Pretoria)	R 26,700.00	R 26,700.00

UPCOMING SESSIONS

Start	End	Method	Venue
24 Aug 2026	28 Aug 2026	On-Campus	Victoria Falls, Zimbabwe
24 Aug 2026	28 Aug 2026	On-Campus	Bangkok, Thailand
31 Aug 2026	04 Sep 2026	On-Campus	Lusaka, Zambia
31 Aug 2026	04 Sep 2026	On-Campus	London, UK
07 Sep 2026	11 Sep 2026	On-Campus	Mauritius
07 Sep 2026	11 Sep 2026	On-Campus	Pretoria, South Africa
07 Sep 2026	11 Sep 2026	On-Campus	Abu Dhabi, UAE
07 Sep 2026	11 Sep 2026	On-Campus	Harare, Zimbabwe

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

- 1. Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard AATICD-0055) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
- 2. Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
- 3. Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
- 4. Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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