



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

Fire Fighting

Custom Courses / Health, Safety and Environment (HSE)

Unit Standard AATICD-0234 · NQF Level 5 · 10 Credits · 5 Days

COURSE OVERVIEW

This course equips learners with the theoretical knowledge and practical skills to identify, prevent, and respond to workplace fires. Participants will learn to operate basic fire-fighting equipment, execute emergency evacuation procedures, and contribute to a culture of fire safety in accordance with South African health and safety legislation.

Category	Custom Courses
Subfield	Health, Safety and Environment (HSE)
Unit Standard	AATICD-0234
Accreditation	SAQA Accredited · NQF Level 5 · 10 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Identify different classes of fires and select appropriate extinguishing methods.
- Demonstrate the correct use of portable fire extinguishers and fire hose reels.
- Apply emergency evacuation procedures and assist in safe building egress.
- Conduct a basic fire risk assessment and report hazards.
- Implement fire prevention measures in accordance with legislative requirements.
- Evaluate post-incident actions and contribute to incident reporting.

WHO SHOULD ATTEND

- This course is designed for all employees, supervisors, and safety representatives who require foundational fire-fighting competence as part of their workplace health and safety obligations.

COURSE OUTLINE

Day 1: Fundamentals of Fire and Fire Safety

- The fire triangle (heat, fuel, oxygen)
- Classes of fire (A, B, C, D, K)
- Common causes of workplace fires
- Fire prevention strategies
- Introduction to fire safety legislation (OHSA)
- Role of a fire warden

Day 2: Fire Detection, Alarm Systems, and Evacuation Procedures

- Smoke detectors, heat detectors, and manual call points
- Alarm signals and communication
- Evacuation routes and signage
- Assembly point procedures
- Emergency evacuation drills
- Persons with special needs during evacuation

Day 3: Fire Extinguishers and First-Aid Fire Fighting Equipment

- Water, foam, CO2, dry powder, and wet chemical extinguishers
- Fire blanket usage
- Hose reels and hydrants
- The PASS method (Pull, Aim, Squeeze, Sweep)
- Extinguisher placement and signage
- Inspection and maintenance schedules

Day 4: Advanced Fire Fighting Techniques and Breathing Apparatus

- SCBA components, inspection, and donning
- Fire attack methods (direct, indirect, combination)
- Hose line advancements and nozzle techniques
- Fire ground communications
- Incident command system basics
- Hazardous materials awareness

Day 5: Fire Risk Assessment, Incident Management, and Practical Assessment

- Fire risk assessment methodology
- Emergency plan development
- Post-fire procedures and reporting
- Practical scenario: structure fire response
- Practical scenario: flammable liquid fire
- Final assessment and debrief

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **10 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 24,200.00	R 24,200.00
1	In-House	R 31,400.00	R 31,400.00
1	On-Campus (Pretoria)	R 36,200.00	R 36,200.00

UPCOMING SESSIONS

Start	End	Method	Venue
03 Aug 2026	07 Aug 2026	On-Campus	Pretoria, South Africa
03 Aug 2026	07 Aug 2026	On-Campus	Dubai, UAE
10 Aug 2026	14 Aug 2026	On-Campus	Durban, South Africa
10 Aug 2026	14 Aug 2026	On-Campus	Abu Dhabi, UAE
17 Aug 2026	21 Aug 2026	On-Campus	Harare, Zimbabwe
17 Aug 2026	21 Aug 2026	On-Campus	Shenzhen, China
24 Aug 2026	28 Aug 2026	On-Campus	Bangkok, Thailand
24 Aug 2026	28 Aug 2026	On-Campus	Victoria Falls, Zimbabwe

Contact us if no suitable date is listed – on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

- 1. Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard AATICD-0234) and click **Get A Quote / Apply**. Select your training method and number of delegates – your quotation is generated immediately and emailed to you with the course brochure attached.
- 2. Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za – our team will reply with a formal quotation.
- 3. Apply by phone or WhatsApp:** call +27 12 004 8389 or WhatsApp +27 65 077 6310 and we will prepare your quotation and reserve your seats.
- 4. Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically – the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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