



Accredited Africa Training Institute for Capacity Development

Unit FO409, Hatfield Plaza · 1122 Burnett St, Hatfield 0028 · Pretoria, Gauteng · South Africa

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COURSE BROCHURE

ISO 45001 Occupational Health & Safety

Custom Courses / Health, Safety and Environment (HSE)

Unit Standard AATICD-0338 · NQF Level 5 · 10 Credits · 5 Days

COURSE OVERVIEW

This course equips learners with the knowledge and skills to implement and maintain an Occupational Health and Safety (OHS) management system based on ISO 45001. It focuses on identifying hazards, assessing risks, and establishing controls to create a safer workplace, while aligning with legal and organizational requirements.

Category	Custom Courses
Subfield	Health, Safety and Environment (HSE)
Unit Standard	AATICD-0338
Accreditation	SAQA Accredited · NQF Level 5 · 10 Credits
Duration	5 days
Training Method	Online, On-Campus, In-House
Certificate	Issued via AATICD LMS – verifiable online

LEARNING OUTCOMES

- Apply the principles and requirements of ISO 45001 to an organizational context.
- Analyze workplace hazards and assess associated risks to determine appropriate control measures.
- Evaluate the effectiveness of existing OHS management systems against ISO 45001 criteria.
- Design an implementation plan for an ISO 45001-compliant OHS management system.
- Demonstrate the ability to conduct internal audits and management reviews to ensure continual improvement.
- Implement emergency preparedness and response procedures in line with ISO 45001 requirements.

WHO SHOULD ATTEND

- This course is designed for health and safety officers, managers, supervisors, and anyone responsible for implementing or maintaining an OHS management system within their organization.

COURSE OUTLINE

Day 1: Foundations of Occupational Health and Safety and ISO 45001

- Introduction to ISO 45001 and its history.
- Key terms and definitions (e.g., OH&S, hazard, risk, worker).
- Overview of the Plan-Do-Check-Act (PDCA) cycle.
- Structure of ISO 45001: clauses 1-10.
- Context of the organization: internal and external issues.
- Needs and expectations of workers and other interested parties.
- Scope of the OH&S management system.
- Leadership, commitment, and worker participation.

Day 2: Planning and Risk Management

- Hazard identification process.
- Risk assessment techniques (e.g., JSA, risk matrix).
- Assessment of risks and opportunities.
- Legal and other requirements (e.g., OHS Act, regulations).
- Planning actions to address risks and opportunities.
- OH&S objectives and planning to achieve them.
- Hierarchy of controls (elimination, substitution, engineering, administrative, PPE).

Day 3: Operational Planning and Control

- Operational planning and control (clause 8.1).
- Managing change (temporary and permanent).
- Outsourced processes and contractors.
- Procurement and supplier management.
- Emergency preparedness and response.
- Hierarchy of controls in operational planning.
- Work permits and safe work procedures.
- Case studies on operational controls.

Day 4: Performance Evaluation and Improvement

- Monitoring, measurement, analysis, and evaluation (clause 9.1).
- Evaluation of compliance.
- Internal audit programme.
- Management review inputs and outputs.
- Nonconformity and corrective action.
- Incident investigation and reporting.
- Continual improvement (clause 10.3).
- Leading and lagging indicators.

Day 5: Integration, Certification, and Practical Application

- Integration of management systems.
- Certification process and selecting a certification body.
- Auditor roles and responsibilities.
- Common challenges and pitfalls in implementation.
- Documentation and record-keeping.
- Group case study: developing an OH&S management system.

- Action planning for implementation.
- Course review and examination.

ASSESSMENT & CERTIFICATION

Delegates are assessed through exercises and a final test. A mark of **50% or above** earns an **AATICD Certificate of Completion**, issued digitally with a unique verification code. This course carries **10 NQF credits** at **NQF Level 5**.

PRICING (PER DELEGATE, EX-VAT)

Delegates	Training Method	Price per Delegate	Total
1	Online	R 17,700.00	R 17,700.00
1	In-House	R 23,100.00	R 23,100.00
1	On-Campus (Pretoria)	R 26,700.00	R 26,700.00

UPCOMING SESSIONS

Start	End	Method	Venue
05 Oct 2026	09 Oct 2026	On-Campus	Kigali, Rwanda
05 Oct 2026	09 Oct 2026	On-Campus	Bangkok, Thailand
05 Oct 2026	09 Oct 2026	On-Campus	Lusaka, Zambia
05 Oct 2026	09 Oct 2026	Online	—
05 Oct 2026	09 Oct 2026	On-Campus	Windhoek, Namibia
05 Oct 2026	09 Oct 2026	On-Campus	Nairobi, Kenya
05 Oct 2026	09 Oct 2026	On-Campus	Mbabane, Eswatini
12 Oct 2026	16 Oct 2026	On-Campus	London, UK

Contact us if no suitable date is listed — on-demand sessions can be arranged for groups.

HOW TO GET A QUOTE OR APPLY

1. **Get an instant quotation online:** visit www.aaticd.co.za, open the page for this course (Unit Standard AATICD-0338) and click **Get A Quote / Apply**. Select your training method and number of delegates — your quotation is generated immediately and emailed to you with the course brochure attached.
2. **Apply by email:** send the course title, your preferred training method (Online, In-House or On-Campus Pretoria), the number of delegates and your preferred dates to apply@aaticd.co.za — our team will reply with a formal quotation.
3. **Apply by phone or WhatsApp:** call **+27 12 004 8389** or WhatsApp **+27 65 077 6310** and we will prepare your quotation and reserve your seats.
4. **Confirm your booking:** accept the quotation and settle the invoice. As soon as payment is confirmed your delegates are enrolled and receive their AATICD LMS login details by email, along with joining instructions for their chosen training method.

Group discounts apply automatically — the more delegates you enrol, the lower the price per delegate. No payment is required to request a quotation.

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